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Aquatic Readiness: Developing Water Competence in Young Children is an essential resource for those who teach young children to swim as well as those who administer aquatic programs. The book...

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"Aquatic Readiness: Developing Water Competence in Young Children is an essential resource for those who teach young children to swim as well as those who administer aquatic programs. The book challenges traditional aquatic instruction practices by integrating the newest and best information from motor development and motor learning research, elementary physical education methods, and risk management."

Aquatic readiness : developing water competence in young ...

of aquatic readiness, our initial use of water competence was limited to serving as a synonym for watermanship, i.e., to define a generalized proficiency in aquatic skills while in, on, or around ...

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5.0 out of 5 stars Aquatic Readiness Developing Water Competence in Young Children. Reviewed in the United States on November 5, 2009. Format: Paperback Verified Purchase. Great book. Just what I was looking for. Has been a great help with my job teaching people to swim. Helpful.

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Aquatic Readiness: Developing Water Competence in Young Children is an essential resource for those who teach young children to swim as well as those who administer aquatic programs. The book challenges traditional aquatic instruction practices by integrating the newest and best information from motor development and motor learning research, elementary physical education methods, and risk management.

Aquatic Readiness: Developing Water Competence in Young ...

Water competency is influenced by conditions of the aquatic

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environment (water temperature, movement, depth, clothing, distance, etc.) into which the person may be introduced. Demonstration of skills in one aquatic environment may not transfer to another. ARC SAC Approved January 2013 ARC Scientific Advisory Council Answers – Water Competency

ARC SAC Answers Water Competency

Researches have demonstrated the interest to develop pictorial instrument for assessing fundamental movement skill perceived competence in young children (1). Perceived competence appears appear at least as important as actual competence as it may more directly affect motivation towards an active behavior (2).

Pictorial scale of perceived water competences The ...

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<section class="abstract"><h2 class="abstractTitle text-title my-1" id="d2920e2">Deep and Shallow Water Effects on Developing Preschoolers' Aquatic Skills</h2><p>The ...

Deep and Shallow Water Effects on Developing Preschoolers ...

effects of aquatic programs in motor development. Aquatic readiness includes fundamental skills, attitudes, and understandings that precede the acquisition of more advance aquatic skills, such as swimming strokes and water safety (Langendorfer & Bruya, 1995). This concept is particularly important because swimming is

Deep and Shallow Water Effects on Developing Preschoolers ...

Aquatic Readiness: Developing Water Competence in Young Children. Champaign, IL: Human Kinetics. 16. LOGAN, S. W., E. KIPLING WEBSTER, N. GETCHELL, K. A. PFEIFFER & L. E. ROBINSON, 2015. Relationship between fundamental motor skill competence and physicalactivity during childhood and adolescence: a systematic review. Kinesiology Review. 4 (4), 416-426. 17.

The Ontogenetic Development Prerequisites of Physical ...

(1) Background: The aim of this study was to design and analyze the validity of the SMACC (Scale to Measure Aquatic Competence in Children) to evaluate aquatic competence in three- to six-year-old children. In addition, the relation between real competence obtained with the SMACC and perceived aquatic competence was verified as well as its differences according to sex and age.

Design and Validation of the Scale to Measure Aquatic ...

Water & Waste Water Sector Services We specialise in the design of bespoke human resource development interventions for the utility sectors. Learning & Development Associates (L&DA) was formed in 2016

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Aquatic Readiness shows you how to become skilled in movement education, play, and developmental games - indirect methods of presenting and reinforcing skill learning that are crucial to effective communication with young children. It also shows you how to use a new test called the Aquatic Readiness Assessment (ARA) to select developmentally appropriate teaching methods, equipment, games, and activities for your students. Also included in the book are more than 100 developmentally appropriate water games that are cross-referenced by skill and developmental level.

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The second edition of *Inclusive Physical Activity* is an excellent resource for physical activity practitioners or students preparing to work with diverse populations in schools, fitness facilities, community recreation sites, and sport programs. This text shows how to provide optimal programming for all individuals—regardless of capability—so they can be healthy and active throughout the life span. *Inclusive Physical Activity, Second Edition*, can help you • provide well-designed and appropriate physical activity for individuals of all abilities, • increase opportunities for meaningful participation in lifelong physical activity, and • facilitate physical activity to increase health and wellness for individuals with disabilities. The book covers programming considerations and strategies for infants and toddlers, school-age children, and adults; examples of inclusive practices for commonly offered physical activities; and suggestions for more effectively individualizing programming. *Inclusive Physical Activity* also provides information on adapting instruction and providing activity alternatives across the life span in five content areas: 1. Movement skills 2. Games and sports 3. Health-related fitness 4. Outdoor recreation and adventure 5. Aquatics *Inclusive Physical Activity* outlines a systematic approach to planning and implementing appropriate programs for individuals of varying abilities. Using the unique Functional Approach to Modifying Movement Experiences (FAMME) model, practitioners can learn—step by step—how to connect modifications

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directly to participants' capability differences to provide optimal challenge and success. Updated and expanded, the second edition offers three new chapters plus special learning features: • Including All Individuals chapter-opening scenarios • Think Back questions that encourage readers to apply chapter content to each scenario • What Do You Think? questions and What Would You Do? case examples that promote reflective thinking and problem solving Instructors who adopt the text get online access to an instructor guide, test package, and presentation package. New to the second edition, the presentation package offers approximately 200 slides highlighting the most important concepts from the book plus essential figures, tables, and photos. With Inclusive Physical Activity, both students and professionals will find the knowledge and support to make meaningful and inclusive physical activity a reality and promote better health for everyone.

Character Education for 21st Century Global Citizens contains the papers presented at the 2nd International Conference on Teacher Education and Professional Development (InCoTEPD 2017), Yogyakarta, Indonesia, 20–21 October 2017. The book covers 7 topics: 1) Values for 21st century global citizens 2) Preparing teachers for integrative values education 3) Teacher professional development for enhanced character education 4) Curriculum/syllabus/lesson plan/learning materials development for integrated values education 5) Developing learning activities/tasks/strategies for character education 6) Assessing student's character development (values acquisition assessment) 7) Creating/managing conducive school culture to character education.

Dr. Miller's valuable resource helps members of the medical team navigate the complexity of cerebral palsy care by explaining unfamiliar treatments that fall outside of their own disciplines. Readers also benefit from a review of current practices in their own fields. Includes recommended treatment algorithms and is designed to help improve decision making. Written in a very conversational style and illustrated with lots of color the volume provides rehabilitational (part 1) and surgical aspects (part 2). Accomplished by a CD-ROM which provides lots of case studies - including walking analysis. The most comprehensive title on this topic written by a leading expert.

This book is a derivative of the author's well-regarded Cerebral Palsy and focuses on rehabilitation techniques. The book discusses the theory and techniques used by physical and occupational therapists, and also provides suggestions for implementing an Individual Education Plan. The book includes chapters on rehabilitation techniques. Tables and algorithms are included to help in the decision-making process for determining what treatment would

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be most beneficial.

This book examines the relationships between the Nordic social democratic welfare system ('The Nordic Model') and physical culture, across the domains of sport, education, and public space. Presenting important new empirical research, it helps us to understand how the paradoxical blend of social democracy and liberalism in the Nordic countries influences physical culture, which in turn contributes to a quality of life that ranks highest in the world. Drawing on perspectives from sociology, cultural studies, history, education, political science, outdoor studies, and urban studies, the book explores topics such as dance education for sport students, doping in cross-country skiing, outdoor education, the active body, and the ideology of public parks. It includes research material from across the region, including Norway, Sweden, Iceland, Finland, and Denmark. This is fascinating reading for anyone with an interest in physical culture, sport studies, leisure studies, or outdoor studies, as well as sociologists or political scientists with an interest in Nordic politics, culture, and society.

The World Health Organization's recently published Global Report on Drowning found that drowning is the third leading cause of unintentional injury death worldwide—making the information presented in this new book an important part of the global effort to reduce this health risk. Written by leading researchers and academics from around the world, *The Science of Beach Lifeguarding* focuses on the scientific evidence that underpins what is taught to and practised by beach lifeguards. It is the first book to pull together all the different areas involved in beach lifeguarding and evaluate their evidence base. An accessible and informative reference underpinned by the best current research, the book's key themes cover the context of beach lifeguarding, the physical environment in which lifeguards work, medical aspects, practical lifeguarding techniques, physiological standards for lifeguards, safety education, and future developments in beach lifeguarding. The book presents groundbreaking work quantifying the scientific rationale behind a universally accepted fitness standard. It supplies an in-depth examination of the risks and hazards associated with the beach environment, including rip currents and cold water immersion. The book includes a state-of-the-art review of drowning and a comprehensive chapter on first aid. Detailing the recently announced 2015 European Resuscitation Council Guidelines, this book is a must-have for beach lifeguards, beach lifeguard managers, search and rescue personnel, paramedics, sports scientists, health and safety practitioners, and occupational health practitioners.

Swimming is a widely popular sport and activity with great health-related fitness benefits. Yet, a significant percentage of children are unable to swim with any degree of skill—meaning not only are they missing out on health benefits, but they also are at risk when in

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water. Part of that risk comes from receiving either no instruction or no differentiated instruction. Children receiving swimming lessons are commonly grouped by age or grade, and many lack the basic skills required for their age levels.

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